

It's Waiting
For You!

Master Self Confidence (Print Version)



By Barbara Ling

Table of Contents

Table of Contents

Table of Contents	i
Acknowledgments	ii
Dedication	iii
Legal Notice	iv
Welcome!	1
Before You Begin.....	3
Step 1.) The best self-confidence videos (you can bookmark on your device)	4
Step 2.) The best motivational soundtrack you can have on for inspiration purposes .	7
Step 3.) The BEST how-to confidence goodies/tutorials/sites online.....	8
Your Next Steps.....	11
What You Have Just Learned	12
Your Next Steps.....	13
Your next steps are to DO!.....	13
Conclusion	14
About The Author	15
Appendix 1: Recommended Resources.....	16
DAB Group Coaching!	16
DAB Marketing End User Basics and Essentials!	17
Easy Viral PDF Brander!	18
Remember.....	19

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- Next, I am indebted to: **Donna Gillespie**, author of the life-changing books [The Light Bearer](#) and [Lady of the Light](#) – one of the most superb writers today.

Last but not least:

My family. My wonderful husband, Moses Ling, my terrific kids, my great stepson my wondrous mooses, my absolutely fantastic parents - none of this would be possible whatsoever without their love and support. This one's for you, folks!

Dedication

Dedication

To my husband:

My everything is dedicated to my husband, Moses Ling...the man in my life who keeps me sane and gives me the truest meaning to my life.

I love you the mostest. Always.

Barbara Ling

Fortune favors the bold.

Legal Notice

Legal Notice

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Master Self Confidence eBook Roadmap

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Welcome!



Hello and thank you for investing!

This powerful “**Mastering Self Confidence**” Cheat Sheet will provide you with 3 simple steps you can use at anytime you want...

... to build up the ability to believe in yourself.

And make no mistake about it – believing in yourself is one of the key components to being successful online!

So let’s begin with:

Have you ever had a desire to:

- Feel good about mailing your lists at least twice a week

Welcome!

- Feel good about mailing your lists at least once a day
- Feel good about releasing products that showcase what you've either learned or mastered
- Just about *anything* that requires you put yourself out there?

While at the same time:

- **Not wasting time**

If so, you're at the right place!

This cheatsheet is designed with 3 things in mind:

- **Step 1.) Provide you with the best self-confidence videos (you can bookmark on your device)**
- **Step 2.) Provide you with the best motivational soundtracks you can have on for inspiration purposes**
- **Step 3.) Provide you with the best how-to confidence goodies/tutorials/sites online**

Ready for the adventure? Alrighty, begin with:

Before You Begin



Before you begin, you **must** bookmark the resources you'll learn!

Discover how by:

- If you're on a desktop, press D to bookmark pages
- If you're on any sort of handheld device, use this resources for learning how to bookmark: [how to bookmark on a mobile phone](#)

Next, move to:

Step 1.) The best self-confidence videos (you can bookmark on your device)

Step 1.) The best self-confidence videos (you can bookmark on your device)



Start with this one (I know it's motivation, but it's really good)

- <https://www.youtube.com/watch?v=SWb0ig3g7jg> .

Next, check this one:

- https://www.youtube.com/watch?v=v8N1Vwf_Ypg .

Listen to that too... and bookmark them as well.

Now, let's talk about self-confidence channels and videos.

Here's where you can find all the self-confidence videos:

Step 1.) The best self-confidence videos (you can bookmark on your device)

- **Self Confidence You Tube Channels**

And individual videos? Check out:

- https://youtu.be/JgintmlZm_c
- <https://youtu.be/NkvGTht2xTY>

The above are good places to *start*.

Additionally, these are good resources to listen to/read:

- <https://player.fm/podcasts/Self-Esteem>
- https://www.tutorialspoint.com/self_confidence/
- <https://www.self-confidence.co.uk/course/online/part1/>

Now, the videos you've seen... bookmark them so you can refer to them on any device. **I cannot emphasize this enough – this roadmap will be useless to you if you forget about it!**

This is so important, let's repeat that in great big yellow letters:

Now, the videos you've seen... bookmark them so you can refer to them on any device. I cannot emphasize this enough – this roadmap will be useless to you if you forget about it!

Step 1.) The best self-confidence videos (you can bookmark on your device)

If you forgot, remember:

- If you're on a desktop, press D to bookmark it.
- If you're on any sort of handheld device, use this resources for learning how to bookmark: [how to bookmark on a mobile phone](#)

Have you done all of the above? After all, you NEED to have it all in place on your device... that way, it's always at your fingertips!

But listening to mainly *words* might not give you what you need every now and then – inspirational music!

Move now to:

Step 2.) The best motivational soundtrack you can have on for inspiration purposes

Step 2.) The best motivational soundtrack you can have on for inspiration purposes



There are literally thousands of motivational videos online.

You can see them over at:

- https://www.youtube.com/results?search_query=motivation&sp=CAMSAhAC

And some good videos are:

- https://www.youtube.com/channel/UCyC_4jvPzLiSkJkLIkA7B8g (is an utterly amazing collection!).

But what if you learn better via pdfs or blueprints? Move now to:

Step 3.) The BEST how-to confidence goodies/tutorials/sites online

Step 3.) The BEST how-to confidence goodies/tutorials/sites online



Looking for some superb self-confidence tutorials online?

Check out:

- <https://www.lifehack.org/articles/lifestyle/63-ways-to-build-self-confidence.html>
- <https://blog.hubspot.com/marketing/confidence>

Not to mention this excellent search (that will return the best tutorials from within the past year:

- <https://www.google.com/search?q=self-confidence+tutorials&newwindow=1&source=Int&tbs=qdr:y>

Step 3.) The BEST how-to confidence goodies/tutorials/sites online

- https://www.google.com/search?q=self-confidence+challenge&newwindow=1&source=Int&tb_s=qdr:y

Good stuff!

Now.... remember the earlier desires I had mentioned?

- Feel good about mailing your lists at least twice a week
- Feel good about mailing your lists at least once a day
- Feel good about releasing products that showcase what you've either learned or mastered
- Just about **anything** that requires you put yourself out there?

Once you have internalized self-confidence, you will discover that you yourself...

Well, you are a **gift**.

That's so important, let me repeat it in great big blue letters: again!

Well, you are a **gift.**

That means that people are **lucky** to have **you** in **their** lives.

But the thing is... everyone has their own "best" ways of learning online..

Step 3.) The BEST how-to confidence goodies/tutorials/sites online

And IF by chance, the way *you* teach doesn't flap their earlobes...

Well, that's okay.

If they unsubscribe to your list, that's okay too!

It's *their* loss, not yours.

Internalizing THAT is one of the greatest gifts you can give yourself.

And *that* is the goal of this quick friendly roadmap.

You can always revisit this page even on your mobile phone...

... and when you need that self-confidence lift, it's at your fingertips!

* * *

Remember... the above is a ROADMAP to self-confidence. You cannot just start the ideas ONCE and then expect your accomplishments will repeat week after week!

But you're not done yet – now it's time for:

Your Next Steps



Your next steps are to DO!

Review the above resources.

Remind your that the only person who can help yourself build self-confidence... is YOU!

The coffee is in your cup... Make a stellar brew today.

Enjoy!

Grow strong,

Barb “Make Success Happen” Ling

Authority Marketing Innovator

What You Have Just Learned



You have just learned these 3 quick self-confidence roadmap resources

- Step 1.) The best self-confidence videos (you can bookmark on your device)
- Step 2.) The best motivational soundtrack you can have on for inspiration purposes
- Step 3.) The best how-to confidence goodies/tutorials/sites online

But you're not done yet – now, it's time for:

Your Next Steps



Your next steps are to DO!

Go over the 3 main components to this roadmap.

Pick one that intrigues you...

... and then begin YOUR self confidence journey!

Remember – the only person who will step up to the plate to make things happen for you...

Is you!

The coffee is in your court....

Make it a stellar brew today.

Conclusion

Your next steps are to DO!

Conclusion

This concludes the power report “Master Self Confidence eBook Roadmap”!

Hope you enjoyed it bigtime! And please don't forget to network with me:



Hope you enjoyed this powerful blueprint! I welcome connecting with you on Facebook – please click above to “like” and start to chat!

You're going to love what you discover!

Grow strong,

Barbara Ling

[Http://www.barbaraling.com](http://www.barbaraling.com)

About The Author



Welcome!

My name is Barbara Ling, and in a nutshell, I'm all about sharing what I've learned over the past decade about authority and creating and running a profitable business online.

My credentials include:

- **Writing 100+ books/ebooks** about various/sundry ways for people to generate income online (entrepreneur, recruiting, real estate, auctions, Mobile, finding a job, safe weight loss, hidden customers, etc.etc.etc.)
- Being quoted/featured/etc. in various publications/blogs online like:
 - <http://www.forbes.com/sites/cherylshappconner/2013/08/28/do-press-releases-still-matter-yes-but-not-like-you-think/>
 - [Barbara Ling: Secrets of a Veteran Webmaster](#)
 - [Empower Your Children To Out-Earn Their Professors](#)
 - [Nailing a good contractor](#)
 - [Microsoft Small Business Success Story](#)

There's 'way too much to write here....you can visit my [Barbara Ling About Me](#) page to learn more!

Appendix 1: Recommended Resources

DAB Group Coaching!

Appendix 1: Recommended Resources

Want to see some of our great offerings? Of course you do! Behold:

DAB Group Coaching!

Ever wish you could invest in a seasoned, veteran coach (or 2)... one who would hold your hand when needed and yet also give you the kick in the figurative rear posterior when required?

*If so, I've partnered up with Dennis Becker and now offer the rather **magnificent InfoBusinessUniversity *Premium* Coaching!***

And it's only \$1 to test it out for a week....

The amount of actionable material you will uncover will delight you for years to come. In other words....

I'm Dennis Becker, and along with my partner, Barb Ling, we're here to tell you...

If you're struggling, I've been where you are, regardless of where you are now.

My IM career started around 2002 (my online experience started in 1998 when I found and exploited eBay big time!), when my main income came from an offline store that wasn't doing so well anymore. I had even racked up (gasp!) over \$300,000 in credit card debt. ... [Click HERE for the UNEXPECTED Adventure!](#)



**Barb
Ling**



**Dennis
Becker**

Learn more over at:

[http://dabcoaching.com/ ...](http://dabcoaching.com/)

YOU WILL LOVE WHAT YOU DISCOVER!!

Appendix 1: Recommended Resources

DAB Marketing End User Basics and Essentials!

DAB Marketing End User Basics and Essentials!

What We Provide Isn't Sexy...



...But It Is Oh, So Comforting

**And It Could Bring YOU The
Financial Success You Deserve!**

**The Most Comprehensive
Internet Marketing Basic Training
You'll Find ANYWHERE!**

*You have to learn to walk before you can run, right?
We'll teach you to break the four minute mile!*

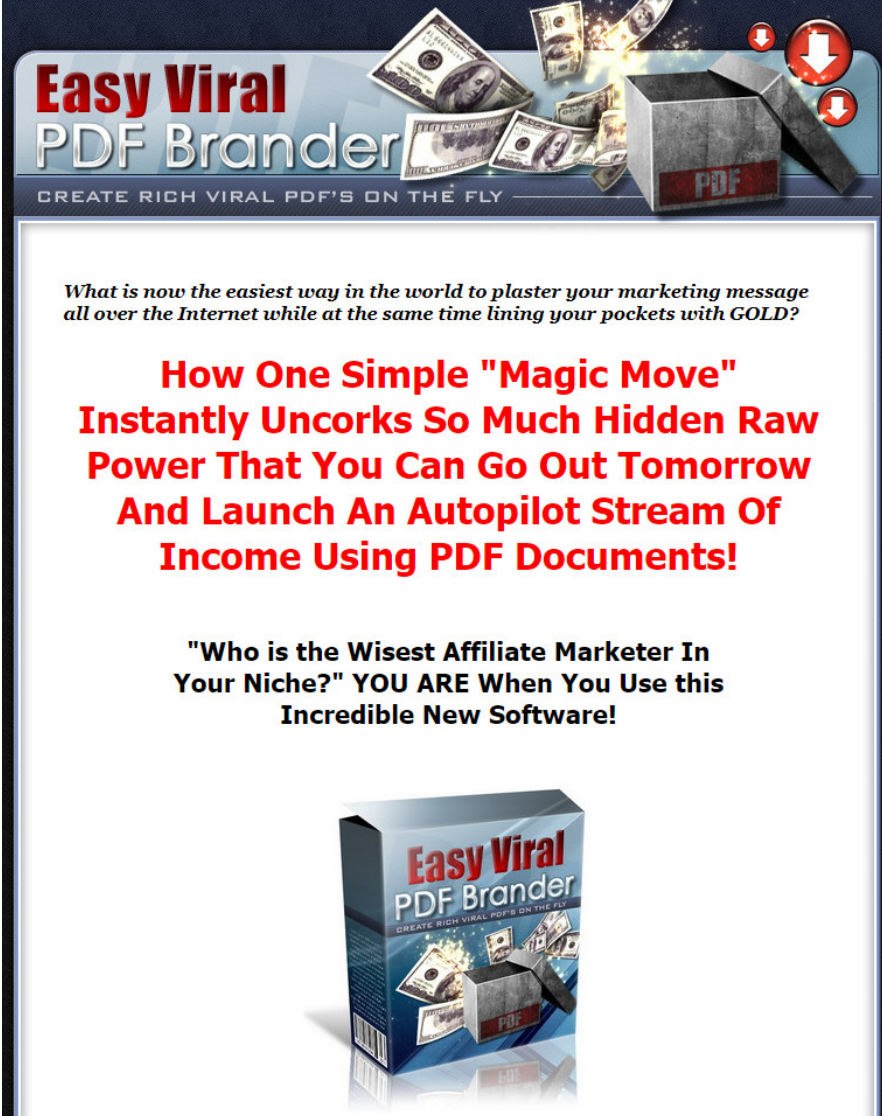
**Get the BEST Basic Essentials Marketing Training
anywhere online at a HUGE savings! Learn more
at:**

http://dabcoaching.com/basics_enduser

Appendix 1: Recommended Resources

Easy Viral PDF Brander!

Easy Viral PDF Brander!



The image shows the software interface for 'Easy Viral PDF Brander'. At the top, the title 'Easy Viral PDF Brander' is displayed in a large, bold, red and white font. Below it, the tagline 'CREATE RICH VIRAL PDF'S ON THE FLY' is written in a smaller, white font. The background of the interface is dark blue with a glowing effect. In the top right corner, there are three red circular buttons with white arrows pointing down. The main content area is white and contains the following text:

What is now the easiest way in the world to plaster your marketing message all over the Internet while at the same time lining your pockets with GOLD?

**How One Simple "Magic Move"
Instantly Uncorks So Much Hidden Raw
Power That You Can Go Out Tomorrow
And Launch An Autopilot Stream Of
Income Using PDF Documents!**

**"Who is the Wisest Affiliate Marketer In
Your Niche?" YOU ARE When You Use this
Incredible New Software!**

At the bottom of the interface, there is a 3D rendering of the software's product box, which features the same title and tagline as the interface.

This goodie lets your affiliates rebrand giveaways with THEIR links... assuring your products get seen far and wide!

<http://easyviralpdfbrander.net/>

Remember.....

Easy Viral PDF Brander!

Remember.....

Fortune Favors the Bold.

Go out and make yourself fortunate. . .

TODAY!

